

ALEXANDRA MAIN

CURRICULUM VITAE
 SEPTEMBER 1, 2016

Email: amain@ucmerced.edu
 Office Phone: (209) 228-2429

School of Social Sciences, Humanities, and Arts
 University of California, Merced
 5200 North Lake Road
 Merced, CA 95343

ACADEMIC POSITIONS

-
- 2014 – Present **Assistant Professor**, University of California, Merced
 Psychological Sciences, School of Social Sciences, Humanities, & Arts
- 2013 – 2014 **Postdoctoral Scholar**, University of California, Merced
 Psychological Sciences, School of Social Sciences, Humanities, and Arts
 Research Supervisor: Deborah Wiebe

EDUCATION

-
- Ph.D. **University of California, Berkeley**, Psychology, December 2013
 Dissertation: *Empathic communication during mother-adolescent conflict management*
 Committee: Qing Zhou, Joseph Campos, & Jodi Halpern
- B.A. **Brandeis University**, Psychology with Highest Honors, Magna Cum Laude, May 2008
 Honors Thesis: *Relations of SARS-related stressors and coping to Chinese college students' psychological adjustment during the 2003 Beijing SARS epidemic*
 Research Supervisor: Joseph Cunningham; Academic Advisor: Malcolm Watson

RESEARCH INTERESTS

Emotional Development, Empathy, Interpersonal Processes, Adolescence, Conflict, Culture

AWARDS AND HONORS

-
- 2009-2013 Jacob K. Javits Fellowship
 2008-2010 University of California, Berkeley Chancellor's Fellowship
 2008 Brandeis University Eliot Aronson '54 Prize for Excellence in Psychological Research
 2007-2008 Brandeis University Pauli Murray Fellowship
 2007 University of California, Berkeley Summer Research Opportunity Program
 2004-2008 Dean's List, Brandeis University
 2004-2008: Louis and Anita Perlman Family Endowed Scholarship

PEER-REVIEWED PUBLICATIONS

Main, A., Walle, E. A., Kho, C.,* & Halpern, J. (in press). The interpersonal functions of empathy: A relational perspective. *Emotion Review*.

Berg, C. A., Queen, T. L., Butner, J. E., Turner, S. L., Hughes, A. L., **Main, A.**, Anderson, J.,

- Thoma, B., Winnick, J., & Wiebe, D. J. (in press). Adolescent disclosure to parents and daily management of type 1 diabetes. *Journal of Pediatric Psychology*.
- Main, A.**, Paxton, A., & Dale, R. (published online May 5, 2016). An exploratory analysis of emotion dynamics between mothers and adolescents during conflict discussions. *Emotion*. <http://dx.doi.org/10.1037/emo0000180>
- Main, A.**, Zhou, Q., Liew, J., & Lee, C. (published online February 24, 2016). Prosocial tendencies in Chinese American children from immigrant families: Associations with sociodemographic characteristics and psychosocial adjustment. *Social Development*. <http://dx.doi.org/10.1111/sode.12182>
- Main, A.**, Wiebe, D. J., Van Bogart, K., Turner, S., Tucker, C., Butner, J. E., & Berg, C. A. (November-December, 2015). Secrecy and type 1 diabetes management in late adolescence. *Journal of Pediatric Psychology*, *40*(10), 1075-1084. <http://dx.doi.org/10.1093/jpepsy/jsv060>
- Chen, S. H., Zhou, Q., **Main, A.**, & Lee, E. H. (October, 2015). Chinese American immigrant parents' emotional expression in the family: Relations with parents' cultural orientations and children's emotion-related regulation. *Cultural Diversity and Ethnic Minority Psychology*, *21*(4), 619-629. <http://dx.doi.org/10.1037/cdp0000013>
- Chen, S. H., **Main, A.**, Zhou, Q., Bunge, S., Lau, N., & Chu, K. (2015). Effortful control and early academic achievement of Chinese American children in immigrant families. *Early Childhood Research Quarterly*, *30*(A), 45-56. <http://dx.doi.org/10.1016/j.ecresq.2014.08.004>
- Main, A.**, Wiebe, D. J., Croom, A. R., Sardone, K., Godbey, E., Tucker, C., & White, P. C. (November-December, 2014). Associations of parent-adolescent relationship quality with type 1 diabetes management and depressive symptoms in Latino and Caucasian youth. *Journal of Pediatric Psychology*. *39*(10), 1104-1114. <http://dx.doi.org/10.1093/jpepsy/jsu062>
- Chen, S. H., Hua, M., Zhou, Q., Tao, A., Lee, E., Ly, J., & **Main, A.** (January 2014). Parent-child cultural orientations and child adjustment in Chinese American immigrant families. *Developmental Psychology*, *50*(1), 189-201. <http://dx.doi.org/10.1037/a0032473>
- Lee, E. H., Zhou, Q., Ly, J., **Main, A.**, Tao, A., & Chen, S. H. (April 2014). Neighborhood characteristics, parenting styles, and children's behavioral problems in Chinese American immigrant families. *Cultural Diversity and Ethnic Minority Psychology*, *20*(2), 202-212. <http://dx.doi.org/10.1037/a0034390>
- Zhou, Q., Tao, A., Chen, S. H., **Main, A.**, Lee, E., Ly, J., Hua, M., & Li, X. (September 2012). Asset and protective factors for Asian American children's mental health adjustment. *Child Development Perspectives*, *6*(3), 312-319. <http://dx.doi.org/10.1111/j.1750-8606.2012.00251.x>

- Zhou, Q., Chen, S. H., & **Main, A.** (June 2012). Commonalities and differences in the research of children's effortful control and executive function: A call for an integrated model of self-regulation. *Child Development Perspectives*, 6(2), 112-121. <http://dx.doi.org/10.1111/j.1750-8606.2011.00176.x>
- Main, A.**, Zhou, Q., Ma, Y., Luecken, L. J., & Liu, X. (July 2011). Relations of SARS-related stressors and coping to Chinese college students' psychological adjustment during the 2003 Beijing SARS epidemic. *Journal of Counseling Psychology*, 58(3), 410-423. <http://dx.doi.org/10.1037/a0023632>
- Campos, J. J., Walle, E. A., Dahl, A., & **Main, A.** (January 2011). Reconceptualizing emotion regulation. *Emotion Review*, 3(1), 26-35. <http://dx.doi.org/10.1177/1754073910380975>
- Unger, R. K., Sheese, K., & **Main, A.** (December 2010). Feminism and women leaders in SPSSI: Social networks, ideology, and generational change. *Psychology of Women Quarterly*, 34(4), 474-485. <http://dx.doi.org/10.1111/j.1471-6402.2010.01597.x>
- Zhou, Q., **Main, A.**, & Wang, Y. (February 2010). The relations of temperamental effortful control and anger/frustration to Chinese children's academic achievement and social adjustment: A longitudinal study. *Journal of Educational Psychology*, 102(1), 180-196. <http://dx.doi.org/10.1037/a0015908>

INVITED PUBLICATIONS

- Main, A.** (in preparation). Parenting and prosocial development in Asian and Asian American children. *Handbook on parenting and moral development*. Oxford University Press.
- Main, A.** (September 2012). Executive functions and children's development. White paper for the *Scientific Learning Corporation*.

MANUSCRIPTS UNDER REVIEW/REVISION

MANUSCRIPTS IN PREPARATION

* Denotes student authors

- Kho, C.,* **Main, A.**, Chung, S., & Zhou, Q. (in preparation). Observed parenting behaviors in Chinese American immigrant families: Factor structure and relations with children's psychological adjustment.
- Disla, J.,* & **Main, A.** (in preparation). Observed adolescent disclosure and parental supportive behavior during parent-adolescent conflict discussions.

RESEARCH GRANTS

- 2016-2017 Principal Investigator, “Adolescent Pregnancy and Parenting: A Multi-Generational Study,” Academic Senate Faculty Research Grant, University of California, Merced. Total direct costs: \$15,000. Co-PIs Rose Scott and Eric Walle.
- 2016 Principal Investigator, “Adolescent Pregnancy and Parenting: A Multi-Generational Study,” First 5 Merced County General Mini-Grants Program. Total direct costs: \$3,000. Co-PIs Rose Scott and Eric Walle.
- 2015-2016 Principal Investigator, “Family Communication During Conflict and Adolescent Type 1 Diabetes Management in Latino Families,” Academic Senate Faculty Research Grant, University of California, Merced. Total direct costs: \$10,000. Co-PIs Deborah Wiebe and Linda Cameron.
- 2012-2013 Principal Investigator, "Relations of Cultural Orientation and Effortful Control to Chinese American Children's Sympathy and Prosocial Behavior: A Longitudinal Study," Hornaday Graduate Research Fellowship, Greater Good Science Center. Total direct costs: \$5,000. Co-PI Qing Zhou.
- 2012-2013 Principal Investigator, "Emotion Regulation During Mother-Adolescent Conflict Discussions: The Role of Empathy," Psi Chi Graduate Fellowship. Total direct costs: \$1,500. Co-PIs Qing Zhou, Joseph Campos, and Jodi Halpern.
- 2011 Principal Investigator, “Emotion Regulation During Mother-Adolescent Conflict Discussions: The Role of Empathy,” Institute of Human Development, University of California, Berkeley. Total direct costs: \$2,000. Co-PIs Qing Zhou, Joseph Campos, and Jodi Halpern.
- 2011 Principal Investigator, “Emotion Regulation During Mother-Adolescent Conflict Discussions: The Role of Empathy,” Department of Psychology, University of California Berkeley Summer Research Fellowship. Total direct costs: \$3,500. Co-PIs Qing Zhou, Joseph Campos, and Jodi Halpern.

INVITED TALKS

* Denotes student authors/presenters.

Main, A., & Disla, J. (submitted). Parental emotion-related behaviors that facilitate and inhibit adolescent disclosure to parents during everyday interactions (Session organizer: Christine Gamache Martin, discussant: Lynn Fainsilber-Katz). Society for Research in Child Development biennial conference, Austin, TX, April 2017.

Main, A. (April, 2016). Development of children from immigrant families. Talk presented at the Annual UC Merced Symposium on the Child and Family, Merced, CA.

- Carlo, G., Jensen, L., & **Main, A.** (March, 2016). Culture and moral development. Panel discussion at the Society for Research on Adolescence Third Annual Moral Development Preconference, Baltimore, MD.
- Main, A.**, Paxton, A., & Dale, R. (April, 2016). An exploratory analysis of emotion dynamics between mothers and adolescents during conflict discussions (Session organizers: Deborah Laible & Mary Eberly-Lewis). Society for Research on Adolescence biennial conference, Baltimore, MD, April 2016.
- Main, A.** (March, 2015). Beyond storm and stress: Family relationships during adolescence. Talk presented at the Annual UC Merced Symposium on the Child and Family, Merced, CA.
- Main, A.** (November, 2014). Emotional communication in the context of parent-adolescent conflict: Cultural, developmental, and transactional considerations. Talk presented at Stanford University, Palo Alto, CA.
- Halpern, J., Hollan, D., **Main, A.**, & Zaki, J. (August, 2013). Empathy. Panel discussion at the International Society for Research on Emotion biennial conference, Berkeley, CA.
- Main, A.** (February, 2013). A relational approach to the development of emotion regulation and empathy. Talk presented at UC Merced, Merced, CA.
- Main, A.**, Zhou, Q., Lee, C., & Liew, J (October, 2012). The relations of cultural orientation and effortful control to Chinese American children's sympathy and prosocial behavior: A longitudinal study. Paper presented at UC Merced Psychological Sciences Colloquium, Merced, CA.

CONFERENCE TALKS

* Denotes student authors/presenters.

- Kho, C., * **Main, A.**, Chung, S., & Zhou, Q. (submitted). Observed parenting behaviors in Chinese immigrant families: Relations with children's psychological adjustment. Paper submitted for presentation at the Society for Research in Child Development biennial conference, Austin, TX, April 2017.
- Zhou, Q., **Main, A.**, & Liew, J. (submitted). Links of dual language proficiency to Chinese American children's effortful control and sympathy. Paper submitted for presentation at the Society for Research in Child Development biennial conference, Austin, TX, April 2017.
- Main, A.**, Paxton, A., & Dale, R. (July 2015). An exploratory analysis of dynamic emotional communication between parents and adolescents during conflict discussions. Paper presented at the International Society for Research on Emotion biennial conference, Geneva, Switzerland.

- Main, A.,** Halpern, J., Campos, J. J., & Zhou, Q. (March, 2014). Cultural and developmental considerations of empathic communication during mother-adolescent conflict management. Paper presented at the Society for Research on Adolescence biennial conference, Austin, TX.
- Main, A.,** Zhou, Q., Campos, J. J., & Halpern, J. (August, 2013). Empathic communication during mother-adolescent conflict management. Paper presented at the International Society for Research on Emotion biennial conference, Berkeley, CA.
- Main, A.,** Zhou, Q., Lee, C., & Liew, J. (May, 2012). The relations of cultural orientation and effortful control to Chinese American children's sympathy and prosocial behavior: A longitudinal study. Paper presented at UC Berkeley, UC Santa Cruz, Stanford Developmental Conference, Santa Cruz, CA.
- Zhou, Q., **Main, A.,** Lee, C., & Liew, J. C. (February, 2012). Relations of self-regulation and cultural orientation to sympathy and prosocial behavior in Chinese American children in immigrant families. Paper presented at the 2012 Society for Child Development Themed Meeting on Positive Development in Minority Youth.
- Main, A.,** Chen, S. H., & Zhou, Q. (May, 2010). The relations of effortful control and cognitive control to Chinese American children's math skills: A multi-method approach. Paper presented at UC Berkeley, UC Santa Cruz, Stanford Developmental Conference, Berkeley, CA.
- Chen, S. H., **Main, A.,** & Zhou, Q. (April, 2009). Relations of cultural orientation and temperament to Chinese American immigrant children's math achievement. Paper presented at the paper symposium "The Role of Temperament in Children's School Success" (Chair: Carlos Valiente) at the Society for Research in Child Development biennial conference, Denver, CO.
- Main, A.,** Zhou, Q., & Wang, Y. (May, 2008). Relations of SARS-related stressors and coping to Chinese college students' psychological adjustment during the 2003 Beijing SARS epidemic. Paper presented at the Brandeis University Honors Thesis Symposium, Waltham, MA.
- Zhou, Q., **Main, A.,** & Wang, Y. (August, 2007). The relations of temperamental effortful control and anger/frustration to Chinese children's academic achievement: A longitudinal study. Paper presented at the paper symposium "Roles of Emotion Regulation and Reactivity in Children's School Adjustment in United States and China" (Chairs: Jeffrey Liew & Qing Zhou) at the American Psychological Association annual conference, San Francisco, CA.
- Main, A.,** & Zhou, Q., (July, 2007). The relations of temperamental effortful control and anger/frustration to Chinese children's academic achievement and social adjustment: A longitudinal study. Paper presented at the UC Berkeley Summer Research Opportunity Program symposium, Berkeley, CA.

CONFERENCE POSTER PRESENTATIONS

* Denotes student authors/presenters.

Disla, J. *, & **Main, A.** (submitted). Observed adolescent disclosure and parental supportive behavior during parent-adolescent conflict discussions. Poster submitted for presentation at the Society for Research in Child Development biennial conference, Austin, TX, April 2017.

Johnston, S. *, **Main, A.**, Disla, J., * Kho, C., * & Campbell, K. (submitted). Associations between familism and quality of interaction with primary caregivers across Hispanic and non-Hispanic white emerging adults. Poster submitted for presentation at the Society for Research in Child Development biennial conference, Austin, TX, April 2017.

Kho, C., * & **Main, A.**, & Zhou, Q. (March, 2016). Relations of culture and psychological control to pre-adolescents' adjustment in Chinese American immigrant families. Poster presented at the Society for Research on Adolescence biennial conference, Baltimore, MD.

Main, A., Wiebe, D. J., Van Bogart, K., Turner, S. L., Tucker, C., & Berg, C. A. (March, 2015). Predictors of secrecy from parents and associations with type 1 diabetes management in late adolescence. Poster presented at the Society for Research on Child Development biennial conference, Philadelphia, PA.

Main, A., & Wiebe, D. J. (March, 2014). Parent-adolescent relationship quality and type 1 diabetes management in Latino and Caucasian youth. Poster presented at the Society of Pediatric Psychology annual conference, Philadelphia, PA.

Main, A., Halpern, J., Campos, J. J., & Zhou, Q. (April, 2013). Emotion regulation during mother-adolescent conflict discussions: The role of empathy. Poster presented at the Society for Research on Child Development biennial conference, Seattle, WA.

Main, A., Zhou, Q., Lee, C., & Liew, J. (April, 2013). The relations of cultural orientation and parenting style to Chinese American children's sympathy and prosocial behavior: A longitudinal study. Paper to be presented at the Society for Research on Child Development biennial conference, Seattle, WA.

Main, A., Zhou, Q., & Sum, C. (January, 2012). The relations of cultural orientation and effortful control to Chinese American children's sympathy and prosocial behavior: A longitudinal study. Poster presented at the Society for Social and Personality Research annual conference, San Diego, CA.

Main, A., Chen, S. H., Zhou, Q., & Bunge, S. (March, 2011). The relations of cognitive control to Chinese American children's reading and math skills. Poster presented at the Society for Research on Child Development biennial conference, Montreal, Quebec, Canada.

Main, A., Chen, S. H., & Zhou Q. (June, 2009). The relations of effortful control and cognitive control to Chinese American children's reading and math skills: A multi-method approach. Poster presented at the Neuroscience of Emotion conference at Tufts University, Medford, MA.

Main, A., Zhou, Q., & Wang, Y. (July, 2007). The relations of temperamental effortful control and anger/frustration to Chinese children's academic achievement and social adjustment: A longitudinal study. Poster presented at the UC Berkeley Summer Research Opportunity Program symposium, Berkeley, CA.

Main, A., & Unger, R. K. (May, 2007). SPSSI: A content analysis. Poster presented at the Brandeis University Women's Studies Research Center symposium, Waltham, MA.

CHAired CONFERENCE SYMPOSIA

Main, A. (submitted). Conflict and family dynamics among children and adolescents and their parents in diverse populations. Society for Research in Child Development biennial conference, Austin, TX, April 2017.

TEACHING AND MENTORING EXPERIENCE

Graduate Student Advising

2016 – Present	Tammy Yung, University of California, Merced
2015 – Present	Janice Disla, University of California, Merced
2014 – Present	Carmen Kho, University of California, Merced

Doctoral Committee Member

2016 – Present	Lukas Lopez, University of California, Merced
2015 – Present	Giraldy Eisman, University of California, Merced
2015 – Present	Jennifer Knothe, University of California, Merced
2015 – Present	Peter Reschke, University of California, Merced

Instructor, University of California, Merced

Fall 2016	Special Topics in Developmental Psychology (graduate)
Fall 2016	Development in the Context of the Family (graduate)
Fall 2016	Adolescent Development (undergraduate)
Spring 2016	Adolescent Development (undergraduate) (Rating: 6.5 out of 7)
Fall 2015	Adolescent Development (undergraduate) (Rating: 6.3 out of 7)
Fall 2015	Developmental Psychology Core Class (graduate) (Rating: 7.0 out of 7)
Spring 2015	Adolescent Development (undergraduate) (Rating: 5.9 out of 7)
Fall 2014	Special Topics in Developmental Psychology (graduate) (Rating: 6.7 out of 7)

Graduate Student Instructor, University of California, Berkeley

Spring 2012	Developmental Psychology, with Alison Gopnik, Ph.D. (Rating: 6.4 out of 7)
-------------	--

- Fall 2010 Developmental Psychopathology, with Qing Zhou, Ph.D. (Rating: 6.7 out of 7)
 Fall 2009 Introduction to Psychology, with John Kihlstrom, Ph.D. (Rating: 5.8 out of 7)

Guest Lectures

- Fall 2015 Seminar in Professional Development, “Emotion Dynamics in the Family Context”
 Fall 2014 Seminar in Professional Development, “Succeeding in Graduate School”
 Spring 2012 Developmental Psychology, “Attachment and the Self”
 Fall 2011 Seminar on Emotion and Emotional Development, “The Development of Empathy”

Undergraduate Student Honors Theses Supervised:

- 2011-2012 Alexandra Antkowiak, University of California, Berkeley
 2010-2011 Charlene Sum, University of California, Berkeley

SERVICE

-
- 2016- Executive committee member, Alliance for Child and Family Health and Development, Merced, CA
 2016-2017 Developmental Psychology faculty representative, Graduate Program Learning Outcome (PLO) assessment: PLOs 3 (pedagogy) and 5 (professionalism), UC Merced
 2016 Faculty representative, Psi Chi meet and greet, UC Merced
 2016 Faculty representative, Bobcat Day, UC Merced
 2016 Co-organizer, Psychological Sciences first-year graduate student presentations, UC Merced
 2015-2016 Member, Strategic Academic Focusing Initiative: Inequality, Power, & Social Justice, UC Merced
 2015-2016 Co-organizer, Annual UC Merced Symposium on the Child and Family, UC Merced
 2014-2015 Member, Developmental Psychology Search Committee, UC Merced
 2014 Reviewer, UC President’s Postdoctoral Fellowship
 2014 Reviewer, SRCD Millennium Scholars Program
 2011 Citizen Teacher; Citizen Schools; Lionel B. Wilson Middle School, Oakland, CA
 2010-2011 President; Graduate Association of Students in Psychology (GASP); UC Berkeley
 2009-2010 Secretary; Graduate Association of Students in Psychology (GASP); UC Berkeley
 2009-2010 Volunteer; Mind and Brain Night; Piedmont Middle School, Piedmont, CA & Willard Middle School, Berkeley, CA

AD HOC REVIEWER

-
- Asia Pacific Journal of Education*
Asian Journal of Social Psychology
Behavior Research Methods

Canadian Journal of Behavioural Science
Child Development
Cognitive Development
Early Education and Development
Emotion
Frontiers in Psychology
International Journal of Psychology
Journal of Applied Developmental Psychology
Journal of Child and Family Studies
Journal of Cross-Cultural Psychology
Journal of Experimental Child Psychology
Journal of Pediatric Psychology
Journal of Personality and Social Psychology
Journal of Research on Adolescence
Social Development

PROFESSIONAL MEMBERSHIPS

Association for Psychological Science (APS)
American Psychological Association (APA)
Society for Research in Child Development (SRCD)
International Society for Research on Emotion (ISRE)
Society for Research on Adolescence (SRA)
Society of Pediatric Psychology (SPP)

PROFESSIONAL TRAINING

Quantitative Psychology Workshop: Missing Data
University of California, Merced, Merced, CA 2015

Longitudinal Research Institute Workshop: Structural Equation Modeling
University of California, Davis, Davis, CA, 2012

PROFESSIONAL REFERENCES

Joseph Campos, Professor of Psychology
University of California, Berkeley
3111 Tolman Hall
Berkeley, CA 94720
Phone: (510) 643-9975
Email: jcampos@berkeley.edu

Jodi Halpern, Professor of Public Health, Joint Medical Program
University of California, Berkeley
570 University Hall
Berkeley, CA 94720

Phone: (510) 642-4366
Email: jhalpern@berkeley.edu

Deborah Wiebe, Professor of Psychological Sciences
University of California, Merced
308A Social Sciences and Management Building
Merced, CA 95343
Phone: (209) 228-4614
Email: dwiebe@ucmerced.edu

Qing Zhou, Associate Professor of Psychology
University of California, Berkeley
3329 Tolman Hall
Berkeley, CA 94720
Phone: (510) 642-2151
Email: qingzhou@berkeley.edu