

ALEXANDRA MAIN

CURRICULUM VITAE

SEPTEMBER 3, 2021

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Department of Psychological Sciences
School of Social Sciences, Humanities, and Arts
University of California, Merced
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ACADEMIC POSITIONS

2014 – Present **Assistant Professor**, University of California, Merced
Department of Psychological Sciences

2013 – 2014 **Postdoctoral Scholar**, University of California, Merced
Department of Psychological Sciences
Research Supervisor: Deborah Wiebe, MPH, PhD

EDUCATION

PhD **University of California, Berkeley**, Psychology, December 2013
Dissertation: *Empathic communication during mother-adolescent conflict management*
Committee: Qing Zhou, PhD, Joseph Campos, PhD, & Jodi Halpern, MD, PhD

BA **Brandeis University**, Psychology with Highest Honors, Magna Cum Laude, May 2008
Honors Thesis: *Relations of SARS-related stressors and coping to Chinese college students' psychological adjustment during the 2003 Beijing SARS epidemic*
Research Supervisor: Joseph Cunningham, PhD

RESEARCH INTERESTS

Emotional Development, Empathy, Interpersonal Processes, Adolescence, Conflict, Culture

AWARDS AND HONORS

2020-2021 UC Merced Faculty Success Initiative Fellow
2020 National Institute on Minority Health and Health Disparities Research Institute
Scholar
2017 International Society for Research on Emotion Early Career Poster Award
2009-2013 Jacob K. Javits Fellowship
2008-2010 University of California, Berkeley Chancellor's Fellowship
2008 Brandeis University Eliot Aronson '54 Prize for Excellence in Psychological
Research
2007-2008 Brandeis University Pauli Murray Fellowship
2007 University of California, Berkeley Summer Research Opportunity Program
2004-2008 Dean's List, Brandeis University
2004-2008 Louis and Anita Perlman Family Endowed Scholarship

PEER-REVIEWED PUBLICATIONS

*Denotes mentored graduate student authors. †Denotes mentored undergraduate student authors.

1. **Main, A.**, *Kho, C., †Miramontes, M., Wiebe, D. J., Raymond, J. K., & Çakan, N. (August 2021). Parents' empathic accuracy: Associations with type 1 diabetes management and familism values. *Journal of Pediatric Psychology*. <https://doi:10.1093/jpepsy/jsab073>
2. *Yung, S. T., **Main, A.**, Walle, E. A., Scott, R. M., & †Chen, Y. (May 2021). Sleep, social support and mental health among Latina adolescent mothers. *Frontiers in Psychology*, *12*. <https://doi.org/10.3389/fpsyg.2021.647544>
3. Hussain, M., *Kho, C., **Main, A.**, & Zawadzki, M. J. (January 2021). Horizontal collectivism moderates the relationship between in-the-moment social connections and well-being among Latino/a college students. *Journal of Immigrant and Minority Health*. <https://doi.org/10.1007/s10903-021-01143-5>
4. **Main, A.**, & *Kho, C. (October 2020). A relational framework for integrating the study of empathy in children and adults. *Emotion Review*, *12*(4), 280-290. <https://doi.org/10.1177/1754073919868755>.
5. Lougheed, J. P., **Main, A.**, & Helm, J. L. (August 2020). Mother-adolescent emotion dynamics during conflicts: Associations with perspective taking. *Journal of Family Psychology*, *34*(5), 566–576. <https://doi.org/10.1037/fam0000632>
6. Walle, E. A., Reschke, P. J., **Main, A.**, & Shannon, R. M. (June 2020). The effect of emotional communication on infants' distinct prosocial behaviors. *Social Development*, *29*, 1092-1114. <https://doi.org/10.1111/sode.12449>
7. Chung, S., Zhou, Q., *Kho, C., & **Main, A.** (May 2020). Parent-child conflict profiles in Chinese American immigrant families: Links to sociocultural factors and school-age children's psychological adjustment. *Family Process*, *60*(1), 169-185. <https://doi.org/10.1111/famp.12546>
8. *Disla, J., **Main, A.**, †Kashi, S., & Boyajian, J. (August 2019). The effect of mothers' emotional responses to adolescent disclosures and adolescent perspective taking on the timing of future disclosures. *Social Development*, *28*(3), 657-673. <https://doi.org/10.1111/sode.12360>
9. **Main, A.**, Lougheed, J. P., *Disla, J., & †Kashi, S. (August 2019). Timing of adolescent emotional disclosures: The role of maternal emotions and adolescent age. *Emotion*, *19*(5), 829-840. <https://doi.org/10.1037/emo0000483>
10. *Kho, C., **Main, A.**, Chung, S., & Zhou, Q. (December 2019). Intrusive parenting in Chinese American immigrant families: Relations with cultural orientations and children's adjustment. *Asian American Journal of Psychology*, *10*(4), 341-350. <https://doi.org/10.1037/aap0000165>

11. Tucker, C., Wiebe, D. J., **Main, A.**, Lee, A., & White, P. C. (March 2018). Adolescent information management and parental knowledge in non-Latino white and Latino youth managing type 1 diabetes. *Journal of Pediatric Psychology*, *43*(2) 207-217. <https://doi.org/10.1093/jpepsy/jsx111>
12. **Main, A.**, Walle, E. A., *Kho, C., & Halpern, J. (October 2017). The interpersonal functions of empathy: A relational perspective. *Emotion Review*, *9*(4) 358-366. <https://doi.org/10.1177/1754073916669440>
13. **Main, A.**, Zhou, Q., Liew, J., & Lee, C. (February 2017). Prosocial tendencies in Chinese American children from immigrant families: Associations with sociodemographic characteristics and psychosocial adjustment. *Social Development*, *26*(1), 165-184. <https://doi.org/10.1111/sode.12182>
14. Berg, C. A., Queen, T. L., Butner, J. E., Turner, S. L., Hughes, A. L., **Main, A.**, Anderson, J., Thoma, B., Winnick, J., & Wiebe, D. J. (January 2017). Adolescent disclosure to parents and daily management of type 1 diabetes. *Journal of Pediatric Psychology*, *42*(1), 75-84. <https://doi.org/10.1093/jpepsy/jsw056>
15. **Main, A.**, Paxton, A., & Dale, R. (September 2016). An exploratory analysis of emotion dynamics between mothers and adolescents during conflict discussions. *Emotion*, *16*(6), 913-928. <https://doi.org/10.1037/emo0000180>
16. **Main, A.**, Wiebe, D. J., Van Bogart, K., Turner, S., Tucker, C., Butner, J. E., & Berg, C. A. (November-December 2015). Secrecy and type 1 diabetes management in late adolescence. *Journal of Pediatric Psychology*, *40*(10), 1075-1084. <https://doi.org/10.1093/jpepsy/jsv060>
17. Chen, S. H., Zhou, Q., **Main, A.**, & Lee, E. H. (October 2015). Chinese American immigrant parents' emotional expression in the family: Relations with parents' cultural orientations and children's emotion-related regulation. *Cultural Diversity and Ethnic Minority Psychology*, *21*(4), 619-629. <https://doi.org/10.1037/cdp0000013>
18. Chen, S. H., **Main, A.**, Zhou, Q., Bunge, S., Lau, N., & Chu, K. (2015). Effortful control and early academic achievement of Chinese American children in immigrant families. *Early Childhood Research Quarterly*, *30*(A), 45-56. <https://doi.org/10.1016/j.ecresq.2014.08.004>
19. **Main, A.**, Wiebe, D. J., Croom, A. R., Sardone, K., Godbey, E., Tucker, C., & White, P. C. (November-December 2014). Associations of parent-adolescent relationship quality with type 1 diabetes management and depressive symptoms in Latino and Caucasian youth. *Journal of Pediatric Psychology*. *39*(10), 1104-1114. <https://doi.org/10.1093/jpepsy/jsu062>
20. Chen, S. H., Hua, M., Zhou, Q., Tao, A., Lee, E., Ly, J., & **Main, A.** (January 2014). Parent-child cultural orientations and child adjustment in Chinese American immigrant families. *Developmental Psychology*, *50*(1), 189-201. <https://doi.org/10.1037/a0032473>

21. Lee, E. H., Zhou, Q., Ly, J., **Main, A.**, Tao, A., & Chen, S. H. (April 2014). Neighborhood characteristics, parenting styles, and children's behavioral problems in Chinese American immigrant families. *Cultural Diversity and Ethnic Minority Psychology, 20*(2), 202-212. <https://doi.org/10.1037/a0034390>
22. Zhou, Q., Tao, A., Chen, S. H., **Main, A.**, Lee, E., Ly, J., Hua, M., & Li, X. (September 2012). Asset and protective factors for Asian American children's mental health adjustment. *Child Development Perspectives, 6*(3), 312-319. <https://doi.org/10.1111/j.1750-8606.2012.00251.x>
23. Zhou, Q., Chen, S. H., & **Main, A.** (June 2012). Commonalities and differences in the research of children's effortful control and executive function: A call for an integrated model of self-regulation. *Child Development Perspectives, 6*(2), 112-121. <https://doi.org/10.1111/j.1750-8606.2011.00176.x>
24. **Main, A.**, Zhou, Q., Ma, Y., Luecken, L. J., & Liu, X. (July 2011). Relations of SARS-related stressors and coping to Chinese college students' psychological adjustment during the 2003 Beijing SARS epidemic. *Journal of Counseling Psychology, 58*(3), 410-423. <https://doi.org/10.1037/a0023632>
25. Campos, J. J., Walle, E. A., Dahl, A., & **Main, A.** (January 2011). Reconceptualizing emotion regulation. *Emotion Review, 3*(1), 26-35. <https://doi.org/10.1177/1754073910380975>
26. Unger, R. K., Sheese, K., & **Main, A.** (December 2010). Feminism and women leaders in SPSSI: Social networks, ideology, and generational change. *Psychology of Women Quarterly, 34*(4), 474-485. <https://doi.org/10.1111/j.1471-6402.2010.01597.x>
27. Zhou, Q., **Main, A.**, & Wang, Y. (February 2010). The relations of temperamental effortful control and anger/frustration to Chinese children's academic achievement and social adjustment: A longitudinal study. *Journal of Educational Psychology, 102*(1), 180-196. <https://doi.org/10.1037/a0015908>

INVITED PUBLICATIONS

1. **Main, A.**, & *Kho, C. (October 2020). Relational goes beyond interpersonal: The development of empathy in the context of culture. *Emotion Review, 12*(4), 295-296. <https://doi.org/10.1177/1754073920931570>
2. **Main, A.** (2019). *Parenting and prosocial/moral development in Asians and Asian immigrants to the United States*. In D. J. Laible, G. Carlo, & L. M. Padilla-Walker (Eds.), *Oxford library of psychology. The Oxford handbook of parenting and moral development* (pp. 213-226). Oxford University Press.

OTHER INVITED WORKS

1. **Main, A.** (July 2017). Empathy and its development: What is missing? In C. Price and E. A. Walle (Eds.), *Emotion Researcher, the International Society for Research on Emotion Sourcebook for Research on Emotion and Affect* (pp. 59-65).
<http://emotionresearcher.com/wp-content/uploads/2017/07/Emotion-Researcher-July-2017.pdf>
2. **Main, A.** (July 2016). Timing matters: Patterns of emotion dynamics between mothers and children during adolescence. Post for the *Society of Personality and Social Psychology: Characters & Context* blog.
<https://www.spsp.org/news-center/blog/patterns-of-emotion-dynamics>
3. **Main, A.** (September 2012). Executive functions and children's development. White paper for the *Scientific Learning Corporation*.

MANUSCRIPTS UNDER REVIEW/REVISION

1. *Kho, C., **Main, A.**, & Rote, W. M. (invited revision under review). Maternal psychological control and mother-adolescent conflict discussion quality: Different perceptions are key.
2. *Kho, C., Zawadzki, M. J., & **Main, A.** (under invited revision). Relations between social environment and moment-to-moment variation in self-construal among Latinx college students: An ecological momentary assessment approach.
3. *Bolter, A., **Main, A.**, & Wiebe, D. J. (under review). Division of type 1 diabetes responsibility in Latinx and European American mother-adolescent dyads.

MANUSCRIPTS IN PREPARATION

1. *Yung, S. T., **Main, A.**, Dale, R., Cowan, P. A., & Cowan, C. P. (in preparation). Emotion dynamics in triadic parent-adolescent interactions: Links with adolescent anxiety and depressive symptoms.
2. *Disla, J., **Main, A.**, *Yung, S. T., Wiebe, D. J., & Raymond, J. K. (in preparation). Parental affective responses to adolescent disclosures in the context of type 1 diabetes management.
3. *Disla, J., **Main, A.**, Carlo, G., Laible, D., & Ispa, J. (in preparation). Observed disclosure to parents among pre-adolescents: Racial/ethnic differences and associations with adjustment.
4. *Yung, S. T., *Disla, J., **Main, A.**, Cowan, P. A., & Cowan, C. P. (in preparation). Joint parental responses to adolescent disclosures during triadic interactions.

RESEARCH GRANTS

- 2021 Principal Investigator, “Intergenerational Health Disparities in Latina Adolescent Mothers and their Children,” National Institute of Child Health and Human Development. Total proposed direct costs: \$2,000,000 (declined).
- 2020 Co-Principal Investigator, “UC Merced Center on Rural and Ethnic Health Disparities: Promoting Equity in the Heart of California,” National Institute on Minority Health and Health Disparities. Total proposed direct costs: \$15,000,000. Lead PI: Deborah Wiebe (declined).
- 2019 Co-Principal Investigator, “Effects of the Social and Physical Environment on the Health of Latina Adolescent Mothers and their Children,” UC Merced Health Sciences Research Institute. Total proposed direct costs: \$10,000. Co-PIs Sandie Ha, Rose Scott, & Eric Walle (declined).
- 2017 Co-Principal Investigator, “Translational Research to Promote Health Equity in Rural Areas,” National Institute on Minority Health and Health Disparities. Total proposed direct costs: \$15,000,000. Lead PI: Paul Brown (declined).
- 2017 Co-Principal Investigator, “Academic Promise, Socioeconomic Risk: Predictors of Continued Academic Achievement in Gifted Immigrant Youth,” American Psychological Foundation Esther Katz Rosen Fund. Total proposed direct costs: \$50,000. Co-PI Stephen Chen (declined).
- 2016-2017 Principal Investigator, “Fourth Annual Symposium on the Child and Family,” First 5 Merced County General Mini-Grants Program. Total direct costs: \$2,000.
- 2016-2017 Principal Investigator, “Adolescent Pregnancy and Parenting: A Multi-Generational Study,” Academic Senate Faculty Research Grant, University of California, Merced. Total direct costs: \$15,000. Co-PIs Rose Scott and Eric Walle.
- 2016 Principal Investigator, “Adolescent Pregnancy and Parenting: A Multi-Generational Study,” First 5 Merced County General Mini-Grants Program. Total direct costs: \$3,000. Co-PIs Rose Scott and Eric Walle.
- 2015-2016 Principal Investigator, “Family Communication During Conflict and Adolescent Type 1 Diabetes Management in Latino Families,” Academic Senate Faculty Research Grant, University of California, Merced. Total direct costs: \$10,000. Co-PIs Deborah Wiebe and Linda Cameron.
- 2014 Principal Investigator, “Family Communication During Conflict and Adolescent Type 1 Diabetes Management in Latino Families,” Society for Pediatric Psychology Targeted Research Grant. Total proposed direct costs: \$20,000. Co-PIs Deborah Wiebe and Linda Cameron (declined).

- 2012-2013 Principal Investigator, "Relations of Cultural Orientation and Effortful Control to Chinese American Children's Sympathy and Prosocial Behavior: A Longitudinal Study," Hornaday Graduate Research Fellowship, Greater Good Science Center. Total direct costs: \$5,000. Co-PI Qing Zhou.
- 2012-2013 Principal Investigator, "Emotion Regulation During Mother-Adolescent Conflict Discussions: The Role of Empathy," Psi Chi Graduate Fellowship. Total direct costs: \$1,500. Co-PIs Qing Zhou, Joseph Campos, and Jodi Halpern.
- 2011 Principal Investigator, "Emotion Regulation During Mother-Adolescent Conflict Discussions: The Role of Empathy," Institute of Human Development, University of California, Berkeley. Total direct costs: \$2,000. Co-PIs Qing Zhou, Joseph Campos, and Jodi Halpern.
- 2011 Principal Investigator, "Emotion Regulation During Mother-Adolescent Conflict Discussions: The Role of Empathy," Department of Psychology, University of California Berkeley Summer Research Fellowship. Total direct costs: \$3,500. Co-PIs Qing Zhou, Joseph Campos, and Jodi Halpern.

MEDIA COVERAGE

- June 2021 Interviewed for upcoming article on empathy in the *APA Monitor on Psychology*
- November 2018 Research featured in the *Wall Street Journal*
<https://www.wsj.com/articles/the-right-way-for-parents-to-question-their-teenagers-1542982858>
- October 2018 Radio interview on *Valley Teens as Parents* study, KYOS Merced

INVITED TALKS

- Main, A.** (March 2021). Adolescent disclosure during parent-adolescent interactions. Talk presented at the Cognitive Science Seminar for the Institute for Intelligent Systems at the University of Memphis, Memphis, TN.
- Main, A.** (October 2019). Adolescent disclosure to parents during real-time interactions: The roles of parent responses and adolescent characteristics. Talk presented at the UC Santa Cruz Developmental Psychology colloquium, Santa Cruz, CA.
- Main, A., & *Disla, J.** (February 2019). The effect of mothers' real-time responses to adolescent disclosures on the timing of subsequent disclosures: The role of maternal empathy. Talk presented at the Parenting and Family Dynamics Pre-Conference for the Society for Personality and Social Psychology, Portland, OR.

Main, A. (November 2016). Parenting and prosocial/moral development in Asian, South Asian, and Asian immigrants to the U.S. Talk presented at the Brigham Young University Symposium on Family and Human Development, Provo, UT.

Carlo, G., Jensen, L., & **Main, A.** (March 2016). Culture and moral development. Panel discussion at the Society for Research on Adolescence Third Annual Moral Development Preconference, Baltimore, MD.

Main, A. (November 2014). Emotional communication in the context of parent-adolescent conflict: Cultural, developmental, and transactional considerations. Talk presented at Stanford University, Palo Alto, CA.

Halpern, J., Hollan, D., **Main, A.**, & Zaki, J. (August 2013). Empathy. Panel discussion at the International Society for Research on Emotion biennial conference, Berkeley, CA.

Main, A., Zhou, Q., Lee, C., & Liew, J (October 2012). The relations of cultural orientation and effortful control to Chinese American children's sympathy and prosocial behavior: A longitudinal study. Paper presented at UC Merced Psychological Sciences Colloquium, Merced, CA.

CONFERENCE ORGANIZING

Program Committee Co-Chair, Society for Research on Adolescence Moral Development Pre-Conference, March 2020, San Diego, CA [conference cancelled due to COVID-19, event held remotely in March 2021].

Program Committee Co-Chair, Society for Research in Child Development Moral Development Pre-Conference, March 2019, Baltimore, MD.

Program Committee Chair, Society for Research on Adolescence Moral Development Pre-Conference, April 2018, Minneapolis, MN.

CHAired CONFERENCE SYMPOSIA

Main, A. (March 2019). Is it a six or a nine? Quantifying parent-adolescent perspectives in dynamic interpersonal interactions. Society for Research in Child Development, Baltimore, MD.

Main, A. (July 2018). Associations between family relationship characteristics and adolescent adjustment: Insights from systems perspectives across multiple methods. International Society for the Study of Behavioural Development, Queensland, Australia.

Main, A. (April 2018). Parent-adolescent conflict and communication in ethnic minority and immigrant families. Society for Research on Adolescence, Minneapolis, MN.

Main, A. (April 2018). Dynamic relations between adolescent information management and

parent strategies across adolescence. Society for Research on Adolescence, Minneapolis, MN.

Main, A. (July 2017). Emotional development. International Society for Research on Emotion biennial meeting, St. Louis, MO.

van Lissa, C., & **Main, A.** (March 2014). The role of empathy and support in adolescent-parent conflict resolution. Society for Research on Adolescence biennial meeting, Austin, TX.

Main, A. (August 2013). Parent-child emotional communication. International Society for Research on Emotion biennial meeting, Berkeley, CA.

CONFERENCE TALKS

*Denotes mentored graduate student authors/presenters. †Denotes mentored undergraduate student authors/presenters.

Subramoney, S., Walle, E. A., **Main, A.**, & Magaña, D. (under review). The effects of emotion brokering on mental health: It depends on how you feel about it. Talk submitted for presentation at the Society for Personality and Social Psychology annual conference, San Francisco, CA.

*Disla, J., **Main, A.**, Kho, C., Miramontes, M., Wiebe, D. J., & Raymond, J. (April 2021). Language and culture: Associations with disclosure and mental health in Latinx adolescents with type 1 diabetes. (Chair: Aya Williams). Talk presented at the Society for Research in Child Development biennial conference (virtual).

*Bolter, A., **Main, A.**, Wiebe, D. J., Cameron, L., & Raymond, J. (April 2021). Links between parent/child acculturation and health for adolescents with type 1 diabetes: Testing the Immigrant Paradox and Acculturation Gap Distress Models. Talk presented at the Society for Research in Child Development biennial conference (virtual).

*Yung, S. T., **Main, A.**, Wiebe, D. J., Ramirez Loyola, M., Cameron, L., & Raymond, J. (April 2021). Associations between emotion expressions, familism values, and physical/mental health in Latinx adolescents with type 1 diabetes. Talk presented at the Society for Research in Child Development biennial conference (virtual).

*Disla, J., **Main, A.**, Wiebe, D. J., Cameron, L. D., Raymond, J., Gamez Aguilar, S., Torres Sanchez, A., & Miramontes, M. (April 2021). Associations among observed disclosure, cultural factors, and health in Latinx adolescents with type 1 diabetes. Talk presented at the Society for Research on Adolescence biennial conference (virtual).

Lougheed, J. P., & **Main, A.** (March 2020). Mother-adolescent emotion dynamics during conflicts: Insights from grid-sequence analysis. Talk accepted for presentation at the Society for Research on Adolescence biennial conference, San Diego, CA [conference cancelled due to COVID-19].

- Reschke, P. J., Walle, E. A., **Main, A.**, & Shannon, R. (July 2019). The effect of emotion on infants' distinct prosocial behaviors. Talk presented at the International Society for Research on Emotion biennial conference, Amsterdam, the Netherlands.
- Main, A.**, *Kho, C., Wiebe, D. J., Cameron, L. D., & Raymond, J. (March 2019). Parents' and adolescents' empathic accuracy in the context of managing type 1 diabetes. (Chair: Alexandra Main). Talk presented at the Society for Research in Child Development biennial conference, Baltimore, MD.
- *Disla, J., **Main, A.**, Kashi, S., & Boyajian, J. (March 2019). The timing of adolescent disclosures: The effects of maternal emotional responses and adolescent perspective taking. (Chair: Jessica Lougheed). Talk presented at the Society for Research in Child Development biennial conference, Baltimore, MD.
- Main, A.**, *Kho, C., Wiebe, D. J., & Cameron, L. D. (February 2019). Parents' and adolescents' empathic accuracy during discussions about coping with type 1 diabetes: Links with individual and relationship characteristics. (Chair: Audun Dahl). Talk presented at the Society for Personality and Social Psychology annual conference, Portland, OR.
- *Yung, S. T., **Main, A.**, Cowan, P. A., & Cowan, C. P. (July 2018). Parent responses to adolescent emotions in a triadic family context: Associations with adolescent depressive and anxiety symptoms. (Chair: Alexandra Main). Talk presented at the International Society of the Study of Behavioural Development biennial conference, Queensland, Australia.
- Main, A.**, Zhou, Q., & Liew, J. (July 2018). Links of dual language proficiency to Chinese American children's effortful control and sympathy. (Chair: Qing Zhou). Talk presented at the International Society of the Study of Behavioural Development biennial conference, Queensland, Australia.
- Main, A.**, Lougheed, J. P., & *Disla, J. (April 2018). Dynamics of observed adolescent disclosure during mother-adolescent conflict: The role of maternal emotions and adolescent age. (Chair: Alexandra Main, discussant: Robert Laird). Talk presented at the Society for Research on Adolescence biennial conference, Minneapolis, MN.
- *Kho, C., **Main, A.**, Chung, S., & Zhou, Q. (April 2018). Observed and reported psychological control in Chinese American immigrant families: Relations with pre-adolescents' psychological adjustment. (Chair: Alexandra Main). Talk presented at the Society for Research on Adolescence biennial conference, Minneapolis, MN.
- Chung, S., Zhou, Q., *Kho, C., & **Main, A.** (April 2018). Latent profiles of parent-child conflict topics in Chinese American immigrant families: Links to family socio-cultural factors and adjustment in preadolescents. (Chair: Alexandra Main). Talk presented at the Society for Research on Adolescence biennial conference, Minneapolis, MN.

- *Disla, J., & **Main, A.** (July 2017). Parental emotion-related behaviors that facilitate and inhibit adolescent disclosure to parents during everyday interactions. (Chair: Alexandra Main). Talk presented at the International Society for Research on Emotion biennial conference, St. Louis, MO.
- Main, A.,** & *Disla, J. (April 2017). Parental emotion-related behaviors that facilitate and inhibit adolescent disclosure to parents during everyday interactions. (Chair: Christina Gamache Martin, discussant: Lynn Fainsilber-Katz). Talk presented at the Society for Research in Child Development biennial conference, Austin, TX.
- Main, A.,** Paxton, A., & Dale, R. (April 2016). An exploratory analysis of emotion dynamics between mothers and adolescents during conflict discussions (Chairs: Deborah Laible & Mary Eberly-Lewis). Society for Research on Adolescence biennial conference, Baltimore, MD.
- Main, A.,** Paxton, A., & Dale, R. (July 2015). An exploratory analysis of dynamic emotional communication between parents and adolescents during conflict discussions. Paper presented at the International Society for Research on Emotion biennial conference, Geneva, Switzerland.
- Main, A.,** Halpern, J., Campos, J. J., & Zhou, Q. (March 2014). Cultural and developmental considerations of empathic communication during mother-adolescent conflict management. (Chairs: Caspar van Lissa and Alexandra Main). Paper presented at the Society for Research on Adolescence biennial conference, Austin, TX.
- Main, A.,** Zhou, Q., Campos, J. J., & Halpern, J. (August 2013). Empathic communication during mother-adolescent conflict management. (Chair: Alexandra Main). Paper presented at the International Society for Research on Emotion biennial conference, Berkeley, CA.
- Main, A.,** Zhou, Q., Lee, C., & Liew, J. (May 2012). The relations of cultural orientation and effortful control to Chinese American children's sympathy and prosocial behavior: A longitudinal study. Paper presented at UC Berkeley, UC Santa Cruz, Stanford Developmental Conference, Santa Cruz, CA.
- Zhou, Q., **Main, A.,** Lee, C., & Liew, J. C. (February 2012). Relations of self-regulation and cultural orientation to sympathy and prosocial behavior in Chinese American children in immigrant families. Paper presented at the 2012 Society for Child Development Themed Meeting on Positive Development in Minority Youth.
- Main, A.,** Chen, S. H., & Zhou, Q. (May 2010). The relations of effortful control and cognitive control to Chinese American children's math skills: A multi-method approach. Paper presented at UC Berkeley, UC Santa Cruz, Stanford Developmental Conference, Berkeley, CA.

Chen, S. H., **Main, A.**, & Zhou, Q. (April 2009). Relations of cultural orientation and temperament to Chinese American immigrant children's math achievement. (Chair: Carlos Valiente). Paper presented at the Society for Research in Child Development biennial conference, Denver, CO.

Main, A., Zhou, Q., & Wang, Y. (May 2008). Relations of SARS-related stressors and coping to Chinese college students' psychological adjustment during the 2003 Beijing SARS epidemic. Paper presented at the Brandeis University Honors Thesis Symposium, Waltham, MA.

Zhou, Q., **Main, A.**, & Wang, Y. (August 2007). The relations of temperamental effortful control and anger/frustration to Chinese children's academic achievement: A longitudinal study. (Chairs: Jeffrey Liew & Qing Zhou). Paper presented at the American Psychological Association annual conference, San Francisco, CA.

Main, A., & Zhou, Q., (July 2007). The relations of temperamental effortful control and anger/frustration to Chinese children's academic achievement and social adjustment: A longitudinal study. Paper presented at the UC Berkeley Summer Research Opportunity Program symposium, Berkeley, CA.

CONFERENCE POSTER PRESENTATIONS

Mello, D., Wiebe, D. J., Torres Sanchez, A., **Main, A.**, & Raymond, J. K. (accepted). HbA1c trajectories across development vary as a function of race crossed with income, education, and type of health insurance. Poster to be presented at the American Diabetes Association annual conference (virtual).

*Bolter, A., **Main, A.**, & Wiebe, D. J. (April 2021). The division of type 1 diabetes responsibility between mothers and adolescents in Latinx and non-Latinx White dyads. Poster to be presented at the Society for Research in Child Development biennial conference (virtual). *Poster selected as one that best reflects interdisciplinary research.*

*Kho, C., **Main, A.**, Wiebe, D. J., & Raymond, J. (April 2021). Parents' empathic accuracy in the context of managing type 1 diabetes: Associations with adolescents' physical and mental health. Poster to be presented at the Society for Research in Child Development biennial conference (virtual).

†Miramontes, M., **Main, A.**, *Kho, C., *Disla, J., Wiebe, D. J., & Raymond, J. K. (April 2021). Cultural factors and empathy among Hispanic adolescents with type 1 diabetes and their parents. Poster presented at the Society for Research in Child Development biennial conference (virtual). *Poster selected as one that best reflects research on ethnic and racial issues.*

Laible, D., Carlo, C., **Main, A.**, Ispa, J., Cruz, A., Maiya, S., & Im, J. (April 2021). Profiles of risk and parenting: Links with children's socioemotional development. Poster to be presented at the Society for Research in Child Development biennial conference (virtual).

- Laible, D., Carlo, G., Ispa, J., **Main, A.**, Cruz, A., & McGinley, M. (April 2021). Patterns of parent-child conflict discourse: Links with ethnicity and child maladjustment in middle childhood. Poster to be presented at the Society for Research in Child Development biennial conference (virtual).
- †Miramontes, M., †Rodriguez, S., **Main, A.**, *Disla, J., Wiebe, D. J., Raymond, J., & Cameron, L. D. (March 2021). Relations between parent empathy and adolescent disclosure in Hispanic adolescents with type 1 diabetes. Poster presented at the Society for Research on Adolescence biennial conference (virtual).
- *Disla, J., *Yung, S. T., **Main, A.**, Wiebe, D. J., Cameron, L. D., Raymond, J., & Lougheed, J. (April 2020). Associations between parental coregulatory responses to adolescent disclosures and physical and mental health in Latinx adolescents with type 1 diabetes. Poster accepted for presentation at the Society for Affective Sciences annual conference, San Francisco, CA [conference cancelled due to COVID-19].
- *Yung, S. T., **Main, A.**, Walle, E. A., & Scott, R. M. (March 2020). Latina adolescent mothers' cultural values and social support: Associations with depressive and anxiety symptoms. Talk accepted for presentation at the Society for Research on Adolescence biennial conference, San Diego, CA [conference cancelled due to COVID-19].
- *Kho, C., **Main, A.**, & Rote, W. (March 2020). Observed parenting behaviors and adolescent's satisfaction with parent-adolescent interaction: The role of adolescents' perception. Talk accepted for presentation at the Society for Research on Adolescence biennial conference, San Diego, CA [conference cancelled due to COVID-19].
- *Bolter, A., **Main, A.**, & Wiebe, D. J. (March 2020). Division of type 1 diabetes management responsibility between parents and adolescents in Hispanic and non-Hispanic White dyads: Links between shared responsibility and treatment adherence. Poster accepted for presentation at the Society for Research on Adolescence biennial conference, San Diego, CA [conference cancelled due to COVID-19].
- *Bolter, A., **Main, A.**, Wiebe, D. J., Raymond, J., & Cameron, L. D. (March 2020). Links between parent/child acculturation and health for adolescents with type 1 diabetes: Testing the Immigrant Paradox and Acculturation Gap Distress models. Poster accepted for presentation at the Society for Research on Adolescence biennial conference, San Diego, CA [conference cancelled due to COVID-19].
- †Gamez Aguilar, S. H., **Main, A.**, Wiebe, D. J., Cameron, L. D., & Raymond, J. (April 2019). Endorsement of U.S. cultural values in parent-adolescent dyads managing type 1 diabetes: Associations with psychological and physical health. Poster presented at the Society for Pediatric Psychology annual conference, New Orleans, LA.
- *Yung, S. T., **Main, A.**, Scott, R. M., Walle, E. A., & Hahn-Holbrook, J. (March 2019). Adolescent mothers' mental health and the home literacy environment: The role of social

support. Poster presented at the Society for Research in Child Development biennial conference, Baltimore, MD.

*Disla, J., **Main, A.**, Wiebe, D. J., Cameron, L. D., & Raymond, J. (March 2019). Associations between observed disclosure and adjustment in Latinx adolescents with type 1 diabetes. Poster presented at the Society for Research in Child Development biennial conference, Baltimore, MD.

*Kho, C., **Main, A.**, & Rote, W. M. (March 2019). Parental psychological control and adolescents' perceptions of parent-adolescent interactions: The role of relationship quality. Poster presented at the Society for Research in Child Development biennial conference, Baltimore, MD.

Spencer, C., **Main, A.**, & McKeown (April 2018). Towards the development of the ICE (Interpersonal Coding of Empathy) scheme. Poster presented at the Consortium of European Research on Emotion, Glasgow, Scotland.

*Kho, C., *Yung, S. T., **Main, A.**, & Chen, S. H. (April 2018). Relations between emotion regulation and stress during emerging adulthood in first-generation college students: The role of culture. Poster presented at the Society for Research on Adolescence biennial conference, Minneapolis, MN.

*Yung, S. T., **Main, A.**, Scott, R. M., & Walle, E. A. (April 2018). Associations between adolescent mothers' family support, conflict and mental health: The role of cultural values. Poster presented at the Society for Research on Adolescence biennial conference, Minneapolis, MN.

*Yung, S. T., **Main, A.**, †Kaur, S., Cowan, P. A., & Cowan, C. P. (April 2018). Parent responses to adolescent emotions in a triadic family context: Associations with adolescent depressive and anxiety symptoms. Poster presented at the Society for Research on Adolescence biennial conference, Minneapolis, MN.

Main, A., & Dale, R. (July 2017). A novel approach to uncovering dynamic patterns of parent-adolescent emotions during conflict discussions. Poster presented at the International Society for Research on Emotion biennial conference, St. Louis, MO. *Winner of Early Career Poster Award*.

*Disla, J., & **Main, A.** (April 2017). Observed adolescent disclosure and parental supportive behavior during parent-adolescent conflict discussions. Poster presented at the Society for Research in Child Development biennial conference, Austin, TX.

†Johnston, S., **Main, A.**, *Disla, J., *Kho, C., & Campbell, K. (April 2017). Associations between familism and quality of interactions with primary caregivers across Hispanic and non-Hispanic white emerging adults. Poster presented at the Society for Research in Child Development biennial conference, Austin, TX.

- *Kho, C., **Main, A.**, & Zhou, Q. (March 2016). Relations of culture and psychological control to pre-adolescents' adjustment in Chinese American immigrant families. Poster presented at the Society for Research on Adolescence biennial conference, Baltimore, MD.
- Main, A.**, Wiebe, D. J., Van Bogart, K., Turner, S. L., Tucker, C., & Berg, C. A. (March 2015). Predictors of secrecy from parents and associations with type 1 diabetes management in late adolescence. Poster presented at the Society for Research on Child Development biennial conference, Philadelphia, PA.
- Main, A.**, & Wiebe, D. J. (March 2014). Parent-adolescent relationship quality and type 1 diabetes management in Latino and Caucasian youth. Poster presented at the Society of Pediatric Psychology annual conference, Philadelphia, PA.
- Main, A.**, Halpern, J., Campos, J. J., & Zhou, Q. (April 2013). Emotion regulation during mother-adolescent conflict discussions: The role of empathy. Poster presented at the Society for Research on Child Development biennial conference, Seattle, WA.
- Main, A.**, Zhou, Q., Lee, C., & Liew, J. (April 2013). The relations of cultural orientation and parenting style to Chinese American children's sympathy and prosocial behavior: A longitudinal study. Poster presented at the Society for Research on Child Development biennial conference, Seattle, WA.
- Main, A.**, Zhou, Q., & Sum, C. (January 2012). The relations of cultural orientation and effortful control to Chinese American children's sympathy and prosocial behavior: A longitudinal study. Poster presented at the Society for Social and Personality Research annual conference, San Diego, CA.
- Main, A.**, Chen, S. H., Zhou, Q., & Bunge, S. (March 2011). The relations of cognitive control to Chinese American children's reading and math skills. Poster presented at the Society for Research on Child Development biennial conference, Montreal, Quebec, Canada.
- Main, A.**, Chen, S. H., & Zhou, Q. (June 2009). The relations of effortful control and cognitive control to Chinese American children's reading and math skills: A multi-method approach. Poster presented at the Neuroscience of Emotion conference at Tufts University, Medford, MA.
- Main, A.**, Zhou, Q., & Wang, Y. (July 2007). The relations of temperamental effortful control and anger/frustration to Chinese children's academic achievement and social adjustment: A longitudinal study. Poster presented at the UC Berkeley Summer Research Opportunity Program symposium, Berkeley, CA.
- Main, A.**, & Unger, R. K. (May 2007). SPSSI: A content analysis. Poster presented at the Brandeis University Women's Studies Research Center symposium, Waltham, MA.

INVITED COLLABORATIONS

2018 – Present NIH Early Head Start Project (Sponsored by NICHD) – Member of research team for parent-child discourse project.

TEACHING AND MENTORING

Graduate Student Advising

2018 – present Abigail Bolter, University of California, Merced
 2016 – present Shun Ting Yung, University of California, Merced
 2015 – present Janice Disla, University of California, Merced
 2014 – 2020 Carmen Kho, University of California, Merced

Doctoral Committee Member

2021 – present James Sullivan, University of California, Merced
 2021 – present Smitha Kashi, University of San Francisco
 2020 – present Sivenesi Subramoney, University of California, Merced
 2020 – present Zeynep Ozden, University of California, Merced
 2019 – present Aislinn Beam, University of California, Merced
 2017 – 2020 Ashley Baker, University of California, Merced
 2015 – present Gerald Eisman, University of California, Merced
 2015 – 2019 Jennifer Knothe, University of California, Merced
 2015 – 2018 Peter Reschke, University of California, Merced

Masters Student Theses

2020-2021 Vanessa Romo Ortega and Sarah Kamel Rashid Dobson, California State University, Sacramento (co-supervisor and second reader)

Undergraduate Student Honors Theses

2021 Bailey Weikel-Feekes, University of California, Merced (second reader)
 2011-2012 Alexandra Antkowiak, University of California, Berkeley (graduate student supervisor)
 2010-2011 Charlene Sum, University of California, Berkeley (graduate student supervisor)

Instructor, University of California, Merced

<i>Undergraduate Courses</i>		<u>Class Size</u>	<u>Rating (out of 7)</u>
<u>Semester</u>	<u>Course</u>		
2021 Spring	Adolescent Development	80	6.6
2020 Spring	Adolescent Development	80	6.6
2018 Fall	Adolescent Development	80	6.4
2018 Spring	Adolescent Development	80	6.4
2017 Fall	Development in the Family Context	30	6.7
2017 Spring	Adolescent Development	80	6.5
2016 Fall	Adolescent Development	80	6.4
2016 Spring	Adolescent Development	80	6.4

2015 Fall	Adolescent Development	80	6.3
2015 Spring	Adolescent Development	80	5.9
<i>Graduate Courses</i>		<u>Class Size</u>	<u>Rating (out of 7)</u>
<u>Semester</u>	<u>Course</u>		
2021 Spring	Topics in Developmental Psychology II (Co-Instructor)	7	7.0
2020 Spring	Special Topics in Developmental Psychology	15	6.3
2020 Spring	Development in the Family Context	3	NA
2018 Spring	Topics in Developmental Psychology II (Co-Instructor)	4	NA
2016 Fall	Development in the Family Context	7	6.5
2016 Fall	Special Topics in Developmental Psychology	12	6.6
2015 Fall	Topics in Developmental Psychology II (Co-Instructor)	6	7.0
2014 Fall	Special Topics in Developmental Psychology	9	6.8
<u>Graduate Student Instructor, University of California, Berkeley</u>		<u>Class Size</u>	<u>Rating (out of 7)</u>
<u>Semester</u>	<u>Course</u>		
2012 Spring	Developmental Psychology (Prof. Allison Gopnik)	200	6.4
2010 Fall	Developmental Psychopathology (Prof. Qing Zhou)	150	6.7
2009 Fall	Introduction to Psychology (Prof. John Kihlstrom)	450	5.8

Guest Lectures

Fall 2020	Seminar in Professional Development, “Parent-Adolescent Dynamics During Observed Interactions,” University of California, Merced
Spring 2020	Seminar in Professional Development, “Family Communication About Type 1 Diabetes,” University of California, Merced
Fall 2018	Seminar in Professional Development, “Family Emotion Dynamics in Diverse Contexts,” University of California, Merced
Fall 2015	Seminar in Professional Development, “Emotion Dynamics in the Family Context,” University of California Merced
Fall 2014	Seminar in Professional Development, “Succeeding in Graduate School,” University of California, Merced
Spring 2012	Developmental Psychology, “Attachment and the Self,” University of California, Berkeley
Fall 2011	Seminar on Emotion and Emotional Development, “The Development of Empathy,” University of California, Berkeley

CURRICULUM DEVELOPMENT

Courses Developed

University of California, Merced

2017	PSY 132: Development in the Family Context (undergraduate)
2016	PSY 232: Development in the Family Context (graduate)

2015 PSY 231: Developmental Psychology Core Course (graduate)
 2015 PSY 134: Adolescent Development (undergraduate)

SERVICE

2021-2022 On-campus advisor, Psi Chi International Society in Psychology and Psychology Club, UC Merced
 2021 Member, William R. Shadish Award for Leadership and Service Committee, UC Merced
 2021 Member, Outstanding Undergraduate Student Award committee, Merced, CA
 2021 Panelist, Graduate Visitation Week faculty panel, Merced, CA
 2021 Volunteer, Merced Department of Public Health COVID-19 vaccination program, Merced, CA
 2021 Member, Non-Senate Faculty Distinguished Undergraduate Teaching Award Nomination Committee, UC Merced
 2021 Member, Committee on Committee Awards Committee, UC Merced
 2020-present Member, Committee on Committees, UC Merced
 2020 Reviewer, “The role of emotional intelligence on health attitudes and behaviors among Hispanics in NYC.” Grant submitted to the National Science Foundation
 2020 Member, William R. Shadish Award for Leadership and Service Committee, UC Merced
 2018-2019 Faculty mentor, Early Career Researcher Section, International Society for Research on Emotion
 2018 Reviewer, “Does the apple feel differently from the tree? Parental socialization for intergroup empathy.” Grant submitted to the Israel Science Foundation.
 2017-present Member, Undergraduate Curriculum and Education Policy Committee, UC Merced
 2017-2018 Co-organizer, Annual UC Merced Symposium on the Child and Family, UC Merced
 2017 Member, Merit Review Committee, UC Merced
 2017 Faculty representative, Office of Research Compliance and Integrity assessment committee, UC Merced
 2017 Presenter, Tri-District Medical Academies Conference, Planada, CA
 2017 Member, Graduate Council Sub Awards Committee, UC Merced
 2017 Member, Continuing Graduate Fellowships Review Committee, UC Merced
 2016-present Member, Graduate Curriculum and Education Policy Committee, UC Merced
 2016-2019 Member, Executive Committee, Alliance for Child and Family Health and Development, Merced, CA
 2016-present Faculty representative, Graduate Program Learning Outcome (PLO) assessment: PLOs 3 (pedagogy) and 5 (professionalism), UC Merced
 2016 Faculty representative, Psychological Sciences, Preview Day, UC Merced

- 2016 Reviewer, Social, Emotional, and Personality panel for the Society for Research in Child Development biennial meeting
- 2016 Faculty representative, Psi Chi meet and greet, UC Merced
- 2016 Faculty representative, Psychological Sciences, Bobcat Day, UC Merced
- 2016 Co-organizer, Psychological Sciences first-year graduate student presentations, UC Merced
- 2015-2016 Faculty participant, Fiat Lux Scholars Program luncheons
- 2015-2017 Co-organizer and presenter, Annual UC Merced Symposium on the Child and Family, UC Merced
- 2014-2015 Member, Developmental Psychology Search Committee, UC Merced
- 2014 Reviewer, UC President's Postdoctoral Fellowship
- 2014 Reviewer, SRCD Millennium Scholars Program
- 2014 Faculty participant, Dinner with a Scientist, UC Merced
- 2011 Citizen Teacher; Citizen Schools; Lionel B. Wilson Middle School, Oakland, CA
- 2010-2011 President, Graduate Association of Students in Psychology (GASP); UC Berkeley
- 2009-2010 Secretary, Graduate Association of Students in Psychology (GASP); UC Berkeley

EDITORIAL ROLES

- Editorial board, *Applied Developmental Science*, 2021-present
- Editorial board, *Journal of Social and Personal Relationships*, 2020-present
- Editorial board, *Journal of Research on Adolescence*, 2020-present
- Editorial board, *Cultural Diversity and Ethnic Minority Psychology*, 2018-present
- Article editor, *SAGE Open*, 2017

AD HOC REVIEWER

- Affective Science*
- Anxiety, Stress, and Coping*
- Applied Developmental Science*
- Asia Pacific Journal of Education*
- Asian Journal of Social Psychology*
- Assessment*
- Behavior Research Methods*
- Canadian Journal of Behavioural Science*
- Child Development*
- Children and Youth Services Review*
- Cognition & Emotion*
- Cognitive Development*
- Cultural Diversity and Ethnic Minority Psychology*
- Development and Psychopathology*
- Developmental Psychology*
- Early Education and Development*

Emotion

Emotion Review

Experimental Psychology

Frontiers in Psychology

Gifted Child Quarterly (co-review)

Health Psychology

Health Psychology Review

Infant Behavior and Development

International Journal of Behavioral Development

International Journal of Bilingual Education and Bilingualism

International Journal of Psychology

JAMA Pediatrics

Journal of Adolescent Health

Journal of Applied Developmental Psychology

Journal of Behavioral Medicine

Journal of Child and Family Studies

Journal of Cognition and Culture

Journal of Cross-Cultural Psychology

Journal of Experimental Child Psychology

Journal of Family Issues

Journal of Family Studies

Journal of Pediatric Endocrinology and Metabolism

Journal of Pediatric Psychology

Journal of Personal and Social Relationships

Journal of Personality and Social Psychology

Journal of Research in Childhood Education

Journal of Research on Adolescence

Learning and Individual Differences

Nature Communications

Pediatric Research

PLOS ONE

Social Development

Social and Personality Psychology Compass

Spanish Journal of Psychology

The Journal of Moral Education

PROFESSIONAL MEMBERSHIPS

Association for Psychological Science (APS)

American Psychological Association (APA)

International Society for Research on Emotion (ISRE)

Society for Personality and Social Psychology (SPSP)

Society for Research on Adolescence (SRA)

Society for Research in Child Development (SRCD)

Society of Pediatric Psychology (SPP)

PROFESSIONAL TRAINING

National Institutes of Health Early Career Reviewer Workshop

National Institutes of Health Early Career Reviewer workshop, 2021 [virtual due to COVID-19].

Faculty Success Initiative Extramural Funding Fellowship – National Institutes of Health Workshop

UC Merced Faculty Success Initiative fellow, 2021

Health Disparities Research Institute

National Institute on Minority Health and Health Disparities, Bethesda, MD, 2020 [institute held virtually due to COVID-19].

Faculty Success Initiative Extramural Funding Fellowship Workshop

UC Merced Faculty Success Initiative fellow, 2020

Intensive Longitudinal Data Workshop

University of California, Merced, Merced, CA, 2017

Quantitative Psychology Workshop: Missing Data

University of California, Merced, Merced, CA, 2015

Longitudinal Research Institute Workshop: Structural Equation Modeling

University of California, Davis, Davis, CA, 2012

PROFESSIONAL REFERENCES

Heather Bortfeld, PhD, Professor of Psychological Sciences

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Merced, CA 95343

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Deborah Wiebe, PhD, MPH, Professor of Psychological Sciences

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