

Personal details

Full name: Jitske Tiemensma
Nationality: Dutch
Gender: Female
Marital status: Married
E-mail address: jtiemensma@ucmerced.edu

Education

2006 – 2008 Master of Science, Neurosciences (Research Master), Free University Amsterdam
Internship I: Dept. of Psychiatry and Dept. of Radiology, LUMC, Leiden
Internship II: Dept. of Endocrinology and Metabolism, LUMC, Leiden
Master thesis: 'The psychological aspects of acromegaly: a review'

2003 – 2006 Bachelor of Science, Psychology, Leiden University
Bachelor thesis: 'Influence of physical and subjective stress reactions on attention and working memory'

Certificates

2011 Electromyography (EMG) training
2011 Update evacuation and safety training MRI scanner
2010 NWO Talent Class: How to get funded
Certificate Good Clinical Practice
Basic course in legislation and organization of clinical-scientific research (BROK)
Statistics: R software (programming)

2009 Statistics: Regression analysis
Statistics: Repeated measures
Introduction to scientific journalism
How to write an excellent research proposal

2008 Statistics: Biostatistics
2007 Evacuation and safety training MRI scanner
2006 Writing an scientific article in English

Work experience since graduating

2012 – present Assistant Professor in Health Psychology
School of Social Sciences, Humanities, and Arts
University of California, Merced

2008 – 2012 PhD-student (*Cum Laude*)
Department of Endocrinology and Metabolism
Leiden University Medical Center, Leiden, The Netherlands
Advisor: Prof. dr. JA Romijn
Secondary advisors: Dr. AM Pereira, Dr. NR Biermasz
Thesis: 'Pituitary diseases: long-term psychological consequences'
Date of defense: March 6, 2012

Proficiency in English

2011 TOEFL score: 112 (range 0-120) – reading: 30, listening: 29, speaking: 29, writing: 24

Teaching experience

2011 – 2012 G1GZ: ‘Health, illness & behavior’ course for medical students (teaching assistant)

2011 – 2012 Enrolled in courses on ‘being a teaching assistant’ and ‘designing exams for undergraduate and graduate students’

2008 – 2011 Internship supervision of ten medical and psychology students during the completion of their education (Master’s) with an independent research thesis

International activities

2010 - 2012 International collaboration with Dr. E Broadbent (New Zealand), Prof. Dr. med. H Schächinger (Germany), and Prof. Dr. S.M. Webb (Spain)

August 2011 Work visit Prof. LD Cameron, University of California, Merced, CA, USA

July 2011 Study visit Prof. Dr. med. H Schächinger, University of Trier, Germany

Awards

2011 Award for Best Article in the field of Clinical Endocrinology in 2010, Dutch Endocrine Society

2010 Young Investigator Award, European Congress of Endocrinology, Prague, Czech Republic

2010 Nominated for a Poster Award, European Congress of Endocrinology, Prague, Czech Republic

2010 Selected to attend the Endocrine Trainee Day - Class of 2010 for most promising PhD-students and post-docs, San Diego, CA, USA

2010 Selected to participate in the Presidential Poster Competition and nominated for a Poster Award, Annual Meeting of the Endocrine Society, San Diego, CA, USA

Grants

2011 Leiden University Fund Work Visit Grant

2011 European Journal of Endocrinology Travel Grant

2011 Goodlife Healthcare Travel Grant

2011 European Society of Endocrinology Meeting Grant

2010 European Society of Endocrinology Travel Grant

2010 Endocrine Trainee Day Travel Grant and complimentary registration to the Annual Meeting of the Endocrine Society, San Diego, CA, USA

2010 Goodlife Healthcare Travel Grant

2010 European Journal of Endocrinology Travel Grant

Invited speaker

2012 10th Neuroendocrine Symposium, Utrecht, The Netherlands

2012 Lecture at Novartis Oncology (a large pharmaceutical company), The Netherlands

2012 Invited talk, School of Social Sciences, Humanities and Arts, University of California, Merced, CA, USA

2011 Psychology Colloquium, School of Social Sciences, Humanities and Arts, University of California, Merced, CA, USA

2010 Workshop congenital adrenal hyperplasia, Radboud University Nijmegen, The Netherlands

Oral and Poster Presentations

- 2012 Oral presentation, The European NeuroEndocrine Association, Vienna, Austria
- 2012 Poster presentation, International Congress of Behavioral Medicine, Budapest, Hungary
- 2012 Poster presentation, Annual Meeting of the Endocrine Society, Houston, TX, USA
- 2012 Oral presentation, Dutch Endocrine Meeting, Noordwijkerhout, The Netherlands
- 2011 Oral presentation, Annual Conference of the European Health Psychology Society, Hersonissos, Crete, Greece
- 2011 Poster presentation, Annual Conference of the European Health Psychology Society, Hersonissos, Crete, Greece
- 2011 Poster presentations, Annual Meeting of the Endocrine Society, Boston, MA, USA
- 2011 Poster presentations, European Congress of Endocrinology, Rotterdam, The Netherlands
- 2011 Oral presentation, Dutch Endocrine Meeting, Noordwijkerhout, The Netherlands
- 2010 Oral presentation, Young Active Research Meeting, Düsseldorf, Germany
- 2010 Poster presentation, The European NeuroEndocrine Association, Liège, Belgium
- 2010 Oral presentation, 7th World Congress on Stress, Leiden, The Netherlands
- 2010 Oral presentation, Annual Meeting of the Endocrine Society, San Diego, CA, USA
- 2010 Poster presentation, Annual Meeting of the Endocrine Society, San Diego, CA, USA
- 2010 Oral presentation during the Oral Highlight Session, European Congress of Endocrinology, Prague, Czech Republic
- 2010 Poster presentation, European Congress of Endocrinology, Prague, Czech Republic
- 2010 Oral presentation, Dutch Endocrine Meeting, Noordwijkerhout, The Netherlands

Professional memberships

Center for Endocrine Tumors Leiden
Leiden Institute for Brain and Cognition
European Health Psychology Society
European Neuroendocrine Association
Endocrine Society
European Society of Endocrinology
Dutch Endocrine Society

Reviewer

- 2012 – present British Journal of Health Psychology
- 2012 – present General Hospital Psychiatry
- 2011 – present Neuroendocrinology
- 2011 – present The Journal of Clinical Endocrinology and Metabolism
- 2008 – present The European Journal of Endocrinology

Extracurricular

- 2007 - 2008 Board member (Treasurer) of 'The Free Mind', a science magazine created by Neurosciences and Social Psychology students
 - 2003 - 2006 Member of the students' association A.L.S.Z.V. De Blauwe Schuit, and students' association Labyrint in which I participated in the Almanac committee
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List of publications

1. Cognitive impairment and psychopathology in patients with pituitary diseases, A.M. Pereira, J. Tiemensma, J.A. Romijn, N.R. Biermasz (2012).
The Netherlands Journal of Medicine, *in press*
(impact factor 1.5)
2. Quality of life and acromegaly, J. Tiemensma. In: F. Roelfsema & N.R. Biermasz, editors. Acromegaly: diagnosis and treatment.
(Invited chapter, submitted)
3. Drawings Reflect a New Dimension of the Psychological Impact of Long-Term Remission of Cushing's Syndrome, J. Tiemensma, N.P. Daskalakis, E. van der Veen, S. Ramondt, S.R. Richardson, E. Broadbent, J.A. Romijn, A.M. Pereira, N.R. Biermasz, A.A. Kaptein (2012).
Journal of Clinical Endocrinology & Metabolism, *in press* (doi:10.1210/jc.2012-1235)
(impact factor 6.495)
4. Ongoing behavioral management of common chronic diseases. A.A. Kaptein, J. Tiemensma, M.J. Fischer, M. Scharloo, A.C. Lyons. In: E. Fisher, editor. Principles and concepts of behavioral medicine: a global handbook.
(Invited chapter, submitted)
5. Affected Illness Perceptions and the Association with Impaired Quality of Life in Patients with Long-Term Remission of Acromegaly, J. Tiemensma, A.A. Kaptein, A.M. Pereira, J.W. Smit, J.A. Romijn, N.R. Biermasz (2011).
Journal of Clinical Endocrinology & Metabolism, 96(11): 3550-3558.
(impact factor 6.495)
6. Negative illness perceptions are associated with impaired quality of life in patients after long-term remission of Cushing's syndrome, J. Tiemensma, A.A. Kaptein, A.M. Pereira, J.W. Smit, J.A. Romijn, N.R. Biermasz (2011).
European Journal of Endocrinology, 165(4): 527-535.
(impact factor 3.482)
7. Brief report: Low prevalence of hypopituitarism after traumatic brain injury - a multi-center study in the Netherlands, N.E. Kokshoorn, J.W. Smit, W.A. Nieuwlaat, J. Tiemensma, P.H. Bisschop, R. Groote Veldman, F. Roelfsema, A.A. Franken, M.J. Wassenaar, N.R. Biermasz, J.A. Romijn, A.M. Pereira (2011).
European Journal of Endocrinology, 165(2): 225-231.
(impact factor 3.482)
8. Coping Strategies in Patients after Treatment for Functioning or Nonfunctioning Pituitary Adenomas, J. Tiemensma, A.A. Kaptein, A.M. Pereira, J.W. Smit, J.A. Romijn, N.R. Biermasz (2011).
Journal of Clinical Endocrinology & Metabolism, 96(4): 964-971.
(impact factor 6.495)

9. Increased Psychopathology and Maladaptive Personality Traits, but Normal Cognitive Functioning, in Patients after Long-Term Cure of Acromegaly, J. Tiemensma, N.R. Biermasz, R.C. van der Mast, M.J. Wassenaar, H.A. Middelkoop, A.M. Pereira, J.A. Romijn (2010).
Journal of Clinical Endocrinology & Metabolism, 95(12): E392-402.
(impact factor 6.495)
10. Increased Prevalence of Psychopathology and Maladaptive Personality Traits after Long-Term Cure of Cushing's Disease, J. Tiemensma, N.R. Biermasz, H.A. Middelkoop, R.C. van der Mast, J.A. Romijn, A.M. Pereira (2010).
Journal of Clinical Endocrinology & Metabolism, 95(10): E129-141.
(impact factor 6.495)
11. Neuropsychiatric disorders in Cushing's syndrome, A.M. Pereira, J. Tiemensma, J.A. Romijn (2010).
Neuroendocrinology, 92(suppl 1): 65-70.
(impact factor 3.272)
12. Subtle Cognitive Impairments in Patients with Long-Term Cure of Cushing's Disease, J. Tiemensma, N.E. Kokshoorn, N.R. Biermasz, B.S. Keijser, M.J. Wassenaar, H.A. Middelkoop, A.M. Pereira, J.A. Romijn (2010).
Journal of Clinical Endocrinology & Metabolism, 95(6): 2699-2714.
(impact factor 6.495)
13. Clinical osteoarthritis predicts physical and psychological QoL in acromegaly patients, M.J. Wassenaar, N.R. Biermasz, M. Kloppenburg, A.A. van der Klaauw, J. Tiemensma, J.W. Smit, A.M. Pereira, F. Roelfsema, H.M. Kroon, J.A. Romijn (2010).
Growth Hormone and IGF Research, 20(3): 226-233.
(impact factor 2.229)
14. Creativity is preserved in Alzheimer's disease patients, J. Tiemensma, M.J. Kasteleyn (2008).
The Free Mind, 5, 18-19.
(impact factor not available)

Published abstracts

1. Drawings reflect a new dimension of the psychological impact of long-term remission of Cushing's syndrome, J. Tiemensma, N.P. Daskalakis, E. van der Veen, S. Ramondt, S.R. Richardson, E. Broadbent, J.A. Romijn, A.M. Pereira, N.R. Biermasz, A.A. Kaptein (2012). *Endocrine Reviews*, 33: MON-479.
2. Evidence in support of the mismatch hypothesis of psychopathology in Cushing patients after long-term remission, N.P. Daskalakis, N.R. Biermasz, J. Tiemensma, E.R. de Kloet, A.M. Pereira (2012). *Endocrine Reviews*, 33: MON-470.
3. Negative illness perceptions are associated with impaired quality of life in patients after long-term remission of Cushing's syndrome, J. Tiemensma, A.A. Kaptein, A.M. Pereira, J.W. Smit, J.A. Romijn, N.R. Biermasz (2011). *Endocrine Reviews*, 32: P3-343.
4. Coping strategies in patients after long-term cure of Cushing's disease or acromegaly, J. Tiemensma, A.A. Kaptein, A.M. Pereira, J.W. Smit, J.A. Romijn, N.R. Biermasz (2011). *Endocrine Reviews*, 32: P2-384.
5. Negative illness perceptions are associated with impaired quality of life in patients after long-term remission of Cushing's syndrome, J. Tiemensma, A.A. Kaptein, A.M. Pereira, J.W. Smit, J.A. Romijn, N.R. Biermasz (2011). *Endocrine Abstracts*, 26: P215.
6. Coping strategies in patients after long-term cure of Cushing's disease or acromegaly, J. Tiemensma, A.A. Kaptein, A.M. Pereira, J.W. Smit, J.A. Romijn, N.R. Biermasz (2011). *Endocrine Abstracts*, 26: P196.
7. Increased psychopathology and maladaptive personality traits, but normal cognitive functioning, in patients after long-term cure of acromegaly, J. Tiemensma, N.R. Biermasz, R.C. van der Mast, M.J. Wassenaar, H.A. Middelkoop, A.M. Pereira, J.A. Romijn (2010). *Endocrinology*, 151(10): 5085.
8. Increased psychopathology and maladaptive personality traits, but normal cognitive functioning, in patients after long-term cure of acromegaly, J. Tiemensma, N.R. Biermasz, R.C. van der Mast, M.J. Wassenaar, H.A. Middelkoop, A.M. Pereira, J.A. Romijn (2010). *Endocrine Reviews*, 31(5):778-779.
9. Increased prevalence of psychopathology and maladaptive personality traits after long-term cure of Cushing's disease, J. Tiemensma, N.R. Biermasz, H.A. Middelkoop, R.C. van der Mast, J.A. Romijn, A.M. Pereira (2010). *Endocrine Abstracts*, 22: P554.
10. Increased prevalence of psychopathology and maladaptive personality traits after long-term cure of Cushing's disease, J. Tiemensma, N.R. Biermasz, H.A. Middelkoop, R.C. van der Mast, J.A. Romijn, A.M. Pereira (2010).

Endocrine Reviews, 31(4):608-609.

11. Subtle cognitive impairments in patients with long-term cure of Cushing's disease, J. Tiemensma, N.E. Kokshoorn, N.R. Biermasz, B.S. Keijser, M.J. Wassenaar, H.A. Middelkoop, A.M. Pereira, J.A. Romijn (2010).
Endocrinology, 151(5): 2396-2397.
12. Subtle cognitive impairments in patients with long-term cure of Cushing's disease, J. Tiemensma, N.E. Kokshoorn, N.R. Biermasz, B.S. Keijser, M.J. Wassenaar, H.A. Middelkoop, A.M. Pereira, J.A. Romijn (2010).
Endocrine Abstracts, 22: H2.3.
13. Subtle cognitive impairments in patients with long-term cure of Cushing's disease, J. Tiemensma, N.E. Kokshoorn, N.R. Biermasz, B.S. Keijser, M.J. Wassenaar, H.A. Middelkoop, A.M. Pereira, J.A. Romijn (2010).
Endocrine Reviews, Supplement 1, 31(3): S334.
14. Trauma severity, but not hypopituitarism, affects cognitive function after traumatic brain injury: a multi-center study in The Netherlands, N.E. Kokshoorn, J.W. Smit, W.A. Nieuwlaat, J. Tiemensma, P.H. Bisschop, R. Groote Veldman, F. Roelfsema, A.A. Franken, M.J. Wassenaar, N.R. Biermasz, J.A. Romijn, A.M. Pereira (2010).
Endocrine Abstracts, 22: OC3.3.
15. Trauma severity, but not hypopituitarism, affects cognitive function after traumatic brain injury: a multi-center study in The Netherlands, N.E. Kokshoorn, J.W. Smit, W.A. Nieuwlaat, J. Tiemensma, P.H. Bisschop, R. Groote Veldman, F. Roelfsema, A.A. Franken, M.J. Wassenaar, N.R. Biermasz, J.A. Romijn, A.M. Pereira (2010).
Endocrine Reviews, Supplement 1, 31(3): S319.